

# St Paul's C of E Primary

## WEEK 1 MENU



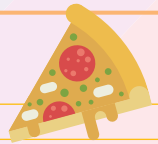
### MONDAY

Chicken Sausage

Linda McCartney Vegetarian Sausage ✓

Creamed Potatoes · Baked Beans · Sweetcorn

Freshly Made Crispy Cornflake Cake with Custard or Fresh Fruit Salad & Yoghurt



### TUESDAY

Roast Turkey

Meat Free Pasty ✓

Potato Wedges  
Vegetable Medley · Mixed Salad

Chocolate Sponge with Custard or Cheese Cracker

### WEDNESDAY

Freshly Made Cottage Pie

Cheese & Tomato Pizza ✓

Diced Herb Potatoes · Broccoli · Cauliflower

Homemade Crunchies  
or Fresh Fruit Salad & Yoghurt



### THURSDAY

Wallace & Gromit Pasta Bar with a Choice of Toppings Served with a Selection of Freshly Prepared Salads



Jumble Jelly  
with Seasonal Fruit  
or Cheese Cracker



### FRIDAY

Battered Fish

Homemade Cheese & Onion Whirl ✓

Chips · Peas · Coleslaw

Homemade Peach Melba  
or Cheese Cracker



## WEEK 2 MENU

### MONDAY

Wallace & Gromit Pasta Bar with a Choice of Toppings Served with a Selection of Freshly Prepared Salads



Apple Viennese  
or Fresh Fruit Salad  
& Yoghurt

### COOK'S CHOICE TUESDAY

Chicken Casserole

Vegetarian Meatballs in Gravy ✓

Creamed Potatoes · Brown Rice  
Garden Peas · Cauliflower

Jelly with Fruit Cocktail  
or Cheese Cracker



### WEDNESDAY

All Day Breakfast Brunch

Vegetarian Breakfast Brunch ✓

Hash Brown Bites · Baked Beans · Tomatoes

Fresh Fruit Salad & Yoghurt  
or Cheese Cracker



### THURSDAY

Roast Turkey

Vegetable Biryani ✓

Boiled Potatoes · Green Beans · Sliced Carrots

Freshly Made Shortbread with Custard  
or Fresh Fruit Salad & Yoghurt



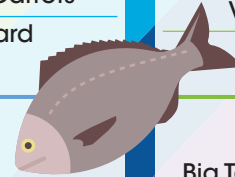
### FRIDAY

Fish Fingers or BBQ Fish Goujons

Homemade Pizza Pinwheel ✓

Potato Wedges · Sweetcorn · Garden Peas

Iced Sponge with Custard  
or Cheese Cracker



## WEEK 3 MENU

### MEAT FREE MONDAY

Cheese & Tomato Pizza ✓

Vegetarian Cassoulet ✓

Potato Wedges · Sweetcorn · Mixed Salad

Freshly Made Flapjack  
or Fresh Fruit Salad & Yoghurt



### TUESDAY

Roast Chicken

Quorn Roast ✓

Creamed Potatoes · Cabbage · Carrots

Apple Charlotte with Custard  
or Cheese Cracker



### WEDNESDAY

Wallace & Gromit Pasta Bar with a Choice of Toppings Served with a Selection of Freshly Prepared Salads



Homemade Melting Moments  
or  
Fresh Fruit Salad & Yoghurt



### THURSDAY

Chicken or Pork Meatballs in Tomato Sauce

BBQ Quorn Bun ✓

Brown Rice · Potato Wedges  
Vegetable Medley · Homemade Coleslaw

Fresh Fruit Salad & Yoghurt  
or Cheese Cracker

### FRIDAY

Big Tasty Fishcake or Breaded Salmon Fish Fingers

Meat Free Sausage Roll ✓

Chips · Peas · Baked Beans

Freshly Made Alien Crunch with Custard  
or Fresh Fruit Salad & Yoghurt



Available  
Daily



Water, Milk, Fresh Fruit, Crudités and Freshly Baked Bread. Please Note: We use Seasonal Fruits and Vegetables where possible. ✓ = Vegetarian

Jacket Potatoes, Sandwiches, Baps and Wraps with various fillings



# 2018-2019

# LUNCHTIME Term Dates



## Week 1 - Term Dates

### 2018 Dates

3 September 24 September  
15 October 12 November 3 December

### 2019 Dates

7 January 28 January 25 February  
18 March 8 April 13 May  
10 June 1 July 22 July

## Week 2 - Term Dates

### 2018 Dates

10 September 1 October  
22 October 19 November 10 December

### 2019 Dates

14 January 4 February 4 March  
25 March 29 April 20 May  
17 June 8 July

## Week 3 - Term Dates

### 2018 Dates

17 September 8 October  
5 November 26 November 17 December

### 2019 Dates

21 January 11 February 11 March  
1 April 6 May 3 June  
24 June 15 July

# Welcome to Your New Menu

Provided by Catering Services • City of Wolverhampton Council

## Did You Know...

Banana plants grow up to 25 feet high and their leaves can grow to be 9 feet long and 2 feet wide. A cluster of bananas is called a hand and a single banana is called a finger. About 75 percent of the weight of a banana is water.



## LUNCHTIME Theme Dates



There are lots of Theme Days for the 2018/19 School Lunch Menu. Christmas Lunch is a firm favourite with both adults and children, where staff and pupils join together to enjoy some traditional Christmas fare.

Dates and themes will be confirmed nearer the time and may vary from school to school.

*Please check with your child's school for further details.*

**100th Anniversary Armistice Day  
12th November**

**Bonfire Night - November 2018**

**Christmas Lunch - December 2018**

**Chinese New Year - February 2019**

**St George's Day - April 2019**

**Eat A Rainbow Week - June 2019**

**Year 6 Leavers' Celebration - July 2019**



## Menu Pricing



All children in Reception, Year 1 and Year 2 can enjoy school meals for free. Children in Years 3 and above may be able to claim free school meals\*. To apply, contact your child's school or the Local Authority on **01902 554128** or email [freeschoolmeals@wolverhampton.gov.uk](mailto:freeschoolmeals@wolverhampton.gov.uk) for more information.

Your child's school will let you know if and how much you will need to pay for school meals.

Alternatively, please contact **Jo Smith, Service Development Team Leader**, on **01902 554283** or by email [jo.smith@wolverhampton.gov.uk](mailto:jo.smith@wolverhampton.gov.uk)

*\*eligibility criteria apply – for more information, visit [www.wolverhampton.gov.uk/freeschoolmeals](http://www.wolverhampton.gov.uk/freeschoolmeals)*



## Food Allergies



Some of our menu items contain allergens, including: Cereals containing Gluten, Milk, Eggs, Fish, Shellfish, Soya, Celery, Mustard, Sulphites, Sesame and Lupin. Peanuts and Nuts are also classed as allergens, but these are not used on our menu.

Our professional and dedicated catering team are able to provide details of food allergens on request. We are able to cater for medically diagnosed food allergies and intolerances by working closely with the dieticians at New Cross Hospital. This menu is provided to schools across Wolverhampton. However, some schools may request changes or provide an additional choice.

*For more information on allergies or special diets please visit: [www.wolverhampton.gov.uk/catering](http://www.wolverhampton.gov.uk/catering) or please contact Catering Services on 01902 555223 or [cateringcleaning@wolverhampton.gov.uk](mailto:cateringcleaning@wolverhampton.gov.uk)*



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